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### EDUCATION

PhD, Foods and Nutrition, The University of Georgia, USA (August 2006)

MSc, Foods & Nutrition, The University of Georgia, USA (May 2002)

BSc, Food & Nutrition: Dietetics (Hons), Southern Illinois University, USA (May 1999)

AAS, Hospitality Management (Hons), Parkland College, Illinois, USA (May 1995)

Certificate, Gender analysis and research methods; School of Women and Gender Studies,  
Makerere University (2014)

### PUBLICATIONS IN PEER-REVIEWED JOURNALS:

1. Atim E, Atukwase A, Kabahenda M (In Press) **Complementary feeding and food handling practices among caregivers in a semi-urban setting in northern Uganda**. African Health Sciences Journal.
2. Kabahenda, MK (In Press). **Dietary intake and craving patterns of rural pregnant women at 12-26 weeks gestation: a cross-sectional study in mid-western Uganda**. African Journal of Health Sciences
3. Henry Galiwango<sup>1</sup>; Richard F. Miiro<sup>1</sup>, and Margaret Kabahenda M (2023) **Women's Participation in Agricultural Decision-Making and the Adequacy of their Households' Diets: A Case Study in Central Uganda**. MUJAES. <https://mujaes.mak.ac.ug/wp-content/uploads/2024/01/1Galiwango.pdf>
4. Atim E, Atukwase A, Bbosa BN, and Kabahenda M (2023) **Child health and safety of complementary food among households in Adyel Division, Lira District : a cross sectional study**. Students' Journal of Health Research ; URL : <https://sjhresearchafrica.org/index.php/public-html/article/view/236/203>
5. Walters CN, Rakotomanana H, Komakech J, Kabahenda M, Joyce JM, Hildebrand DA, Ciciolla L, & Stoecker BJ (2023). **Breastfeeding among South Sudanese refugees in protracted settlements in Adjumani district, Uganda : facilitators and barriers**. (2023) International Breastfeeding Journal, 18:18 (2023). URL : <https://doi.org/10.1186/s13006-023-00549-1>
6. Komakech JJ, Emerson SR, Cole KL, Walters CN, Rakotomanana H, Kabahenda MK, Hildebrand DA, & Stoecker BJ (2023) **A peer-led integrated nutrition education intervention through care groups improved complementary feeding of infants in postemergency settlements in the West-Nile region of Uganda : a cluster randomized trial** (2023) Current Developments in Nutrition, 7 :4. URL : <https://doi.org/10.1016/j.cdnut.2023.100042>

7. Shimali F, Mangheni MN, **Kabahenda M** (2021). **Nutrition education competencies of agricultural extension workers in Uganda**. *Journal of Agricultural Education and Extension*, 27 (4); 535-552, DOI:10.1080/1389224X.2021.1880451  
[https://www.researchgate.net/publication/349639902\\_Nutrition\\_education\\_competencies\\_of\\_agricultural\\_extension\\_workers\\_in\\_Uganda/link/616564d9e7993f536cc9804f/download](https://www.researchgate.net/publication/349639902_Nutrition_education_competencies_of_agricultural_extension_workers_in_Uganda/link/616564d9e7993f536cc9804f/download)
8. Kansiiime Edward, **Kabahenda Margaret** & Eunice Bonsi (2021). **Improving caregivers' infant and young child-feeding practices using a three-group food guide: a randomized intervention study in central Uganda**. *African Journal of Food, Agriculture and Development*, 21(4): 17834-17853, DOI :10.18697/ajfand.99.20240  
<https://ajfand.net/Volume21/No4/Kabahenda20240.pdf>
9. Nahalomo A, Per Ole Iversen PO, Rukundo P, Kaaya P, Kikafunda J, Eide W, Marais M, Wamala E, and **Kabahenda M** (2018) **Realization of the right to adequate food and the nutritional status of land evictees: A case for mothers/caregivers and their children in rural Central Uganda**. *BMC International Health and Human Rights*, DOI10.1186/s12914-018-0162-6  
[https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5968527/pdf/12914\\_2018\\_Article\\_162.pdf](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5968527/pdf/12914_2018_Article_162.pdf)
10. Spencer PS, Mazumder R, Palmer V, Lasarev MR, Stadnik RC, King P, **Kabahenda M**, Kitara DL, Stadler D, McArdle B, Tumwine J and other Members of the Oregon-Uganda Nodding Syndrome Research Team (2016). **Environmental, dietary and case-control study of Nodding Syndrome in Uganda : A post-measles brain disorder triggered by malnutrition ?** *Journal of the Neurological Sciences*, 369 : 191-203  
DOI: 10.1016/j.jns.2016.08.023 ; <https://www.ncbi.nlm.nih.gov/pubmed/27653888>; or <https://www.jns-journal.com/action/showPdf?pii=S0022-510X%2816%2930511-1>
11. Fungo R, Muyonga J, **Kabahenda M**, Kaaya A, Okia C, Donn P, Snook L (2016) **Contribution of forest foods to dietary intake and their association with household food insecurity: A cross-sectional study in women from rural Cameroon**. *Public Health Nutrition*, 19 (17): 3185-3196. DOI: 10.1017/S1368980016001324  
<https://www.cambridge.org/core/journals/public-health-nutrition/article/contribution-of-forest-foods-to-dietary-intake-and-their-association-with-household-food-insecurity-a-cross-sectional-study-in-women-from-rural-cameroon/B5E235D12B4FD0AE922AA61A032BA778>
12. **Kabahenda MK**, Andress EL, Nickols SY, Kabonesa C & Mullis RM (2014) **Promoting dietary diversity to improve child growth in less-resourced rural settings in Uganda**. *Journal of Human Nutrition and Dietetics*. doi:10.1111/jhn.12056  
<https://pubmed.ncbi.nlm.nih.gov/23786179/> or <https://booksc.org/book/33878140/d00cff>
13. Mbule AN, Byaruhanga kY B, **Kabahenda M**, & Lubowa A (2013). **Determinants of anaemia among pregnant women in rural Uganda**. *Rural and Remote Health*, 13: 2259.  
<https://doi.org/10.22605/RRH2259>; <https://www.rrh.org.au/journal/article/2259>
14. Nankumbi J, Muliira J K, & **Kabahenda M K** (2012). **Feeding practices and nutrition outcomes in children: Examining the practices of caregivers living in a rural setting**. *Infant Child & Adolescent Nutrition*; 4 (6). DOI:10.1177/1941406412454166  
<https://journals.sagepub.com/doi/full/10.1177/1941406412454166>
15. **Kabahenda M**, Mbabazi J, Kwetegeka J, & Amega R (2012). **Nutrient alterations in Nile perch (*Lates niloticus*) skins owing to various processing and cooking techniques**.

*International Journal of Environmental Studies.*  
<https://doi.org/10.1080/00207233.2012.644883>

16. **Kabahenda MK, Amega R, Okalany E, Husken SMC and Heck S (2011) Protein and micronutrient composition of low-value fish products commonly marketed in the Lake Victoria Region.** *World Journal of Agricultural Sciences*, 7 (5): 521-26.  
DOI:[http://www.idosi.org/wjas/wjas7\(5\)/3.pdf](http://www.idosi.org/wjas/wjas7(5)/3.pdf)
17. **Mokori A, Kabahenda M, Wamuyu MG. (2011) Reliability of scored patient generated subjective global assessment for nutritional status among HIV infected adults in TASO, Kampala.** *African Health Sciences*; 11 (S1): S86-92. DOI:[10.4314/ahs.v11i3.70076](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3220126/)  
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18. **Kabahenda MK, Mullis RM, Erhardt JG, Northrop-Clewes C, and Nickols SY (2011). Nutrition education to improve dietary intake and micronutrient nutriture among children in less-resourced areas: a randomized controlled intervention in Kabarole district, western Uganda.** *South African Journal of Clinical Nutrition*; 24:2; 83-88.  
<https://www.ajol.info/index.php/sajcn/article/download/68123/56213/0>

#### **Books and book chapters :**

Kabahenda MK, Cale S, Nampeera M, Mugenyi J, Mwanja H, Wairagala EM, and Nandutu G (2023). **Nutrition education: A teacher's resource book for lower primary classes.** Kampala, Uganda. ISBN :978-9970-494-64-4.

#### **Training manuals :**

**Teachers' Resource Book for Nutrition Education (Lower Primary)** (2023) developed in collaboration with subject matter experts from National Curriculum Development Centre (NCDC) to empower lower primary teachers with skills to integrate nutrition education and physical activity in routine classroom and extracurricula activities.

**Feeding healthy children** (2016) Manual developed to train caregivers in rural areas on what constitutes age-appropriate balanced diets for children under 5 year of age. Includes a *Food Guide Plate* - Tested in western Uganda and has been revised and used in central region

**Moringa for healthier diets at every life stage.** Nutrition education manual promoting consumption of Moringa olifera leave products in Central Uganda. Developed in collaboration with Mukama IT (2010) with funding from NORAD.