
MAKERERE UNIVERSITY
DEPARTMENT OF FOOD TECHNOLOGY AND NUTRITION

The Department of Food Technology & Nutrition, Makerere University announces a short course in nutrition called “Life skills for a healthier you”.

The course will empower you to make good food choices to attain and maintain good health.

Topics to be covered will, among others, include nutrition self assessment techniques, diet management and meal planning for people with non-communicable diseases

Who should apply: Every one interested in good health and well being

When: The course will be held every Saturday from 16th June – 14st July 2012, from 10:00 am to 1:00 pm

Venue: School of Food Technology, Nutrition & Bioengineering, Makerere University main campus

Course fees: US\$ 350,000 per person (for whole course)

How to apply: Obtain application forms from the School or [download](#) them from this website

Completed application forms & full fees should be submitted not later than 11th June 2012 to:

The Secretary
School of Food Technology, Nutrition & Bioengineering
Makerere University
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Mobile: 0782 739200 or 0718 532547
Fax: 0414 533676
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